
The Feminist Bookshop

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Relationships

Going The Distance

Lonnie Barbach \$19.75

Sane sound tips for partners to find and keep lifelong love.

Codependent No More

Melody Beattie \$37.50

How to stop controlling others and start caring for yourself, in relationships. **Beyond Codependency** is also excellent.

Language Of Letting Go

Melody Beattie \$37.50

Inspiring daily readings on co-dependency in relationships. Ideal advice on keeping your relationship healthy.

Happiness Its Up To You

Sabine Beecher \$24.95

Easy steps to self-acceptance, good relationships, and happiness.

Better Boundaries

Jan Black \$36.95

Having good boundaries is a way to protect the strength and intimacy of any relationship.

Five Good Minutes With The One You Love

Jeffrey Brantley \$29.95

Mindful practices to deepen and renew your love and enhance your relationship.

Coping With Your Partner's Jealousy

Nina Brown \$27.95

Your partner's jealousy is not your fault, but it is hard to live with it. Strategies for coping, and for understanding how feelings of jealousy can develop.

If The Man You Love Was Abused

Marie Browne \$24.95

A couple's guide to healing in relationship if the male partner suffered abuse as a child. Shows a woman how to support her partner without harm to herself.

The Five Love Languages

Gary Chapman \$20.95

How to express heartfelt commitment to your partner, and check if you are speaking the same language!

Boundaries

Henry Cloud \$21.95

When to say yes, when to say no, and how to take control of your own life.

Lesbian Couples

Merilee Clunis \$45.00

Guide to creating healthy relationships, written by lesbian therapists.

Allies In Healing

Laura Davis \$35.00

A support book for partners when the person you love was sexually abused as a child. From co-author of the best-seller *Courage to Heal*.

I Thought We'd Never Speak Again

Laura Davis \$27.95

Strategies for repairing broken relationships, looking at the issues that tear us apart.

The Divorce Remedy

Michele Weiner Davis \$45.00

A 7-step programme for saving your marriage. Hope, inspiration, and practical strategies to help any marriage.

The Emotionally Abusive Relationship

Beverly Engel \$23.95

Step-by-step strategies to help both victims and abusers identify and change the patterns of this traumatic kind of abuse.

Loving Him Without Losing You

Beverly Engel \$20.95

Empowering strategies for better relationships. Ideas for how to stop disappearing and start being yourself.

The Nice Girl Syndrome

Beverly Engel \$32.95

Stop being manipulated and abused, and start standing up for yourself. Ten steps to empowering yourself and ending abuse.

The Verbally Abusive Relationship

Patricia Evans \$27.95

How to recognize it and how to respond.

Controlling People

Patricia Evans \$24.95

How to recognize, understand, and deal with people who try to control you.

Rebuilding

Bruce Fisher \$34.95

A supportive step-by-step plan for rebuilding your life after divorce or separation.

Men Who Hate Women & The Women Who Love Them

Susan Forward \$29.95

When loving hurts and you don't know why. An important book for any woman who has ever been in a destructive relationship with an angry, intimidating or controlling man.

Obsessive Love

Susan Forward \$31.95

When it hurts too much to let go, or do you wish someone would let go of you.

The More We Find In Each Other

Mavis Fossum \$25.00

Daily readings for couples for finding balance in relationships.

The 7 Best Things Happy Couples Do

John & Linda Friel \$32.95

A book to challenge, delight and enlighten. Guidelines to help you look at yourself and your relationship in a fresh way.

Late Life Love

Connie Goldman \$27.95

Romance and new relationships in later years.

The Seven Principles For Making Marriage Work

John Gottman \$24.95

Practical methods for correcting the behaviour that has sent many couples onto the rocks. Suggests turning to each other rather than running away, when a problem arises.

The Couples' Guide To Money

Linda Gough \$24.95

How to make the most of your financial power as a couple.

Love's Journey

Michael Gurian \$46.95

Seasons and stages of relationships for intimate partners.

Receiving Love

Harville Hendrix \$29.95

Transform your relationship by letting yourself be loved. Giving love may be easy, but it is often not so easy to fully accept it.

Feel The Fear Guide To Lasting Love

Susan Jeffers \$28.95

Well-known author of *Feel The Fear And Do It Anyway* turns her attention to relationships and lasting love.

Really Relating

David Jansen \$24.95

Classic best-seller in its 3rd edition. Guidelines on how to build an enduring relationship. Skills that can be learned.

The Relationship Problem Solver

Kelly Johnson \$24.95

Skills for love, dating, and marriage, looks at problems of miscommunication and anger in dealing with annoying habits.

Good Loving Great Sex

Dr Rosie King \$22.95

Strategies for enhancing sexual desire, passion, romance, and chemistry in your relationship whether you have been together for five months or fifty years.

Too Good To Leave Too Bad To Stay

Mira Kirshenbaum \$26.95

Step by step guide to help you decide whether to stay in or get out of your relationship.

It's So Hard To Love You

Bill Klatte & Kate Thompson \$29.95

Staying sane when your loved one is manipulative, needy, dishonest, or addicted. You can't change the other person, but you can change yourself.

Listen To Me Listen To You

Anne Kotzman \$26.95

Practical guide to self-awareness, communication skills, and conflict management in all sorts of relationships.

Side By Side

Joe Lamble & Sue Morris \$22.95

Sydney clinical psychologists explain how you can think differently about your relationship by changing yourself.

Dance Of Intimacy

Harriet Lerner \$32.95

Woman's guide to courageous acts of change in key relationships.

Dance Of Connection

Harriet Lerner \$29.95

More on improving relationships and deepening intimacy and trust.

The Couple's Comfort Book

Jennifer Louden \$41.95

A creative guide for renewing passion, pleasure, and commitment. Workbook style.

When Someone You Love Is Addicted To Alcohol Or Drugs

Jim Maclaine \$22.95

Guide for anyone who is dealing with this problem in a partner, friend, or relative.

Couple Skills

Matthew McKay \$32.95

2nd Edition Making your relationship work. A book that can change your relationship and your communication with a partner.

The Intimacy Factor

Pia Mellody \$30.95

Expert on codependency gives guidelines on relationships and boundaries.

But He Says He Loves Me

Dina M Millan \$27.95

Guide for women on how to avoid being trapped in a manipulative relationship, how to recognize a problem before even getting involved.

Stop Running From Love

Dusty Miller \$31.95

Steps to overcoming emotional distancing and fear of intimacy. Help for people who fear being controlled or vulnerable.

Soul Mates

Thomas Moore \$32.95

Honouring the mysteries of love and relationships, a spiritual approach.

Women Who Love Too Much

Robin Norwood \$25.95

Essential reading for all women in relationship or contemplating a new one! Guidance on how not to lose yourself in relationship.

The Couple's Survival Workbook

David Olsen \$43.95

What you can do to reconnect with your partner and make your marriage work.

When Anger Hurts Your Relationship

Kim Paleg & Matthew McKay \$33.95

Simple solutions for couples who fight, conflict resolution that works.

Do I Have To Give Up Me To Be Loved By You?

Jordan Paul \$42.95

Helps couples work through fears to free and joyful relationships.

Addiction To Love

Susan Peabody \$24.95

Guidelines for overcoming obsession and dependency in relationships.

Healing Together

Suzanne Phillips \$32.95

A couple's guide to coping with trauma and post-traumatic stress, and building a resilient relationship.

The Emotional Affair

Ronald Potter-Ephron \$32.95

How to recognize emotional infidelity and what to do about it.

The Mother Factor

Stephan Poulter \$34.95

How your mother's emotional legacy impacts on your life and relationships.

Undefended Love

Jett Psaris \$33.95

An inspiring and practical approach to lasting and loving relationships. How to get close without losing a sense of self, or defending against that loss.

Nonviolent Communication

Marshall Rosenberg \$34.95

Guidelines for creating your life, relationships and your world in harmony with your values. 2nd Edition.

Breathing Room

Elayne Savage \$36.95

Creating space to be a couple. A reminder that intimacy requires both closeness and space.

Passionate Marriage

David Schnarch \$35.00

Keeping love and intimacy alive in committed relationships. Guidance from an expert therapist and some committed couples.

Intimacy & Desire

David Schnarch \$37.95

Understanding of sexual desire problems and differences that can affect couples of all ages.

Healing From Family Rifts

Mark Sichel \$24.95

Steps to finding peace and harmony after being cut off from a family member.

Behind Closed Doors

Shirley Smith \$32.95

A guide to intimate relationships and how to create them. If you are tired of searching for true love, or thinking of breaking up again, read this first.

Getting Past The Affair

Douglas Snyder \$29.95

A programme to help you cope, heal, and move on, together or apart. Setting new boundaries to restore trust and to develop healthier relationships.

Intimacy After Infidelity

Steven Solomon \$29.95

How to rebuild your marriage after an affair.

After The Affair

Janis Spring \$26.95

Healing the pain and rebuilding trust when a partner has been unfaithful.

Embracing Each Other

Hal & Sidra Stone \$28.95

How to make all relationships work for you – romantic, families, friends, work.

Partnering: A New Kind Of Relationship

Hal & Sidra Stone \$26.95

How to love each other without losing yourselves, turning relationships into true partnerships.

You Just Don't Understand

Deborah Tannen \$24.95

Women and men in conversation –explains how we find it difficult to communicate with the opposite sex.

How To Be A Couple And Still Be Free

Tina Tessina \$25.95

A popular book on relationships between equals, shows how to turn struggle into teamwork.

The Courage To Trust

Cynthia Wall \$28.95

Guide to building deep and lasting relationships after having been let down.

Make Up, Don't Break Up

Bonnie Weil \$18.95

Finding and keeping love for singles and couples. Step by step to a new understanding of how relationships work.

Perfect Love Imperfect Relationships

John Welwood \$39.95

Healing and transformative journey to address underlying causes in relationships. Practical wisdom and insight for healing our hearts and the world.

When Good Men Behave Badly

David Wexler \$33.95

A much needed guide for men who want to change their behaviour and their relationship. Helps men to stop sabotaging a lasting, deep relationship.

Boundaries And Relationships

Charles Whitfield \$35.95

Setting boundaries and limits to know, protect and enjoy the self.

Struggle For Intimacy

Janet Woititz \$21.95

Acquiring intimacy skills can be difficult especially if you grew up in an alcoholic or dysfunctional family. Find out what to do when your relationship is not working.

Prices can change without notice due to publisher increases beyond our control.