

The Feminist Bookshop

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BOOKS ON DOMESTIC VIOLENCE FOR WOMEN

Why Does He Do That?

Lundy Bancroft \$28.95

A book written for women to see inside the minds of angry and controlling men. Looks at early warning signs, alcohol abuse, and how to stay safe.

When Dad Hurts Mom

Lundy Bancroft \$28.95

For mothers, helping your children heal the wounds of witnessing violence and abuse.

Breaking Free

Beatriz Copello \$19.95

Anthology of stories put together by women from the NSW Rape Crisis Centre.

Growing Free: A Manual for Survivors of Domestic Violence

Wendy Deaton & Michael Hertica \$39.95

This book combines psychological insight with practical safety information to help women living with domestic violence at all levels. Guidelines to help survivors work at their own pace to end the cycle of violence. Looks at effects on children, and life after leaving. Also available **Therapists Guide To Growing Free** \$39.95

It's My Life Now : 2nd Edition

Meg Dugan \$32.00

For women starting again after an abusive relationship or domestic violence.

You Can't Say That To Me

Suzette Elgin \$29.95

An 8-step programme for stopping the pain of verbal abuse, and avoiding arguments.

The Emotionally Abusive Relationship

Beverly Engel \$23.95

How to stop being abused, and how to stop abusing. Guidance for getting away from unhealthy patterns of relating.

Breaking The Cycle Of Abuse

Beverly Engel \$41.95

How to move beyond your past and create an abuse-free future.

The Nice Girl Syndrome

Beverly Engel \$32.95

Stop being manipulated and abused, and start standing up for yourself. Ten steps to empowering yourself and ending abuse.

The Verbally Abusive Man

Patricia Evans \$29.95

Can he change? A woman's guide to deciding whether to stay or go.

Controlling People

Patricia Evans \$30.95

Shows how controlling behaviour can be the starting point for domestic violence if not curbed.

The Verbally Abusive Relationship

Patricia Evans \$29.95

How to recognize it and how to respond. Expanded 2nd edition. Practical advice to help women identify and deal with verbal abuse which is the beginning of domestic violence. Clients and therapists find this best-selling book invaluable.

Verbal Abuse Survivors Speak Out

Patricia Evans \$35.00

Companion to the above. Survivors speak out on relationships and recovery. A valuable resource for victims of verbal abuse, their families and community professionals.

Getting Out

Ann Goetting \$29.95

Life stories of women who left abusive men. A diverse group of women from the UK and USA speak about the reality of living with and escaping from abuse. Easy to read and culturally diverse.

Preventing Domestic Violence By Promoting Non Violence

Linda Gregory \$86.95

Causes of domestic violence, and how we can stop it.

Why Doesn't She Leave?

Marion Hosking \$19.95

Story of a women's refuge and its place in a rural community.

Enough

Patricia Hughes \$24.95

Personal account of surviving and getting away from an abusive relationship. Wise and sound guidance from a woman who has been there.

When Men Batter Women

Neil Jacobson & John Gottman \$35.95

New insights into ending abusive relationships. Fresh insights into men who batter, written with respect for battered women's struggles for safety and survival.

A Fatal Conjunction

Joan Kimm \$29.95

Two laws, two cultures. The author looks at why Aboriginal women in Australia experience such high levels of violence in their own communities. Causes, current policies, and changes are discussed. She suggests that current law places too much emphasis on rights as Indigenous people, and too little on rights as women.

Treating PTSD IN Battered Women

Edward Kubany \$89.95

A cognitive trauma therapy guide for managing trauma-related symptoms, and building self-advocacy skills.

Healing the Trauma of Domestic Violence: A Workbook for Women

Mari McCaig and Edward Kubany \$39.95

If you've freed yourself from an abusive relationship but still suffer from its effects, this program of trauma recovery techniques can help you take back your peace of mind. Step-by-step exercises for women recovering from domestic abuse.

But He Says He Loves Me

Dina McMillan \$27.95

Guide for women on how to avoid being trapped in a manipulative relationship. How to avoid trouble before it even starts.

Breaking Free From Partner Abuse

Mary Marecek \$22.95

Voices of battered women caught in the cycle of domestic violence. A practical and easy to read manual. Also suitable for use in groups. Written from the experiences of clients/workers in women's refuges. Some refuges give this book to all residents.

Violent Partners

Linda Mills \$35.00

A breakthrough plan for ending the cycle of abuse. Encourages victims to end their shame and get help, and also looks at the complexities of DV when both partners are violent to each other.

But I Love Him

Jill Murray \$34.95

Protecting your teenage daughter from controlling, abusive dating relationships.

Getting Free

Ginny NiCarthy \$31.95

New edition of old classic showing women how to end abuse and take back their lives. A best-seller that has changed the lives of thousands of women.

You Can Be Free

Ginny NiCarthy \$24.95

Easy to read handbook for abused women which covers physical and emotional abuse. Based on the more comprehensive *Getting Free* by the same author.

How To Stop A Stalker

Mike Proctor \$39.95

A veteran detective gives advice on how to identify a stalker and what you can do about it. Advice is suitable for woman and men, as both can be victims of a stalker.

Restorative Justice And Violence Against Women

James Ptacek ed \$103.95

Progressive and experienced voices speak out about ending violence against women. Looking at advantages and limitations of restorative justice methods. New thinking and action for victims, perpetrators and communities.

Mothering Through Domestic Violence

Lorraine Radford \$48.95

Looks at way blaming mothers can lock women into abusive relationships and on-going abuse of children. Essential reading for practitioners in fields of family welfare.

Counselling Survivors Of Domestic Abuse

Christiane Sanderson \$64.95

Helping counselors to facilitate recovery from domestic abuse by creating a safe supportive therapeutic relationship

Coercive Control

Evan Stark \$70.95

How men entrap women in personal life. A new look at the question of "why women stay"

Surviving Domestic Violence

Elaine Weiss ed \$47.95

Stories of 12 women who have escaped from domestic violence. A readable book of hope and encouragement.

Family & Friends Guide To Domestic Violence

Elaine Weiss \$45.95

How to listen, talk and take action when someone you care about is being abused.

Not To People Like Us

Susan Weitzman \$28.95

Explores an overlooked segment of society, the highly educated, upper-income woman who lives with and hides domestic violence.

Domestic Violence In Rural Australia

Sarah Wendt \$41.95

Looks at how living in rural environments and communities can shape experience of domestic violence. Research conducted over two decades. Challenges stereotypes. Does not focus on experiences of Indigenous Australians.

How To Stop Domestic Violence

Robin & Bud Wileman \$25.95

Practical guide for victims of DV. Helpful strategies that could lead to positive restructuring of menacing relationships. Australian authors address issues of power imbalance in relationships.

When Violence Begins At Home

KJ Wilson \$35.95

Comprehensive guide to understanding and ending domestic violence.

See also lists relating to Domestic Violence For Men, Domestic Violence and Children, Trauma and Abuse.

Prices can change without notice due to publisher increases beyond our control